

## The Susan G. Komen Breast Cancer Foundation

The Komen Foundation is a trusted source of breast health and breast cancer information and is instrumental in connecting people with the resources they need in their fight against breast cancer. For the latest breast health information and Komen Foundation news and activities, visit the Foundation's award-winning Web site at [www.komen.org](http://www.komen.org). For response to questions, local resource information or moral support, call the Komen Foundation's National Toll-Free Breast Care Helpline, 1.800 I'M AWARE®.

Affiliates of the Komen Foundation fund a variety of community-based breast health education and breast cancer screening and treatment projects for the medically underserved. Up to 75 percent of an Affiliate's net income stays in the community to fund local breast health education and breast cancer screening and treatment projects. Remaining net income supports the Komen Foundation Award and Research Grant Program, which funds groundbreaking breast cancer research, meritorious awards and educational and scientific programs around the world.

### CancerCare

*CancerCare* is dedicated to helping people face the many challenges of a cancer diagnosis. As the largest national non-profit organization of its kind, *CancerCare* provides free professional support services including counseling, education, financial assistance and practical help to people across the country.

#### Our constellation of services:

**SUPPORT:** free counseling for individuals and groups, face-to-face, on the telephone, or online, all conducted by oncology social workers

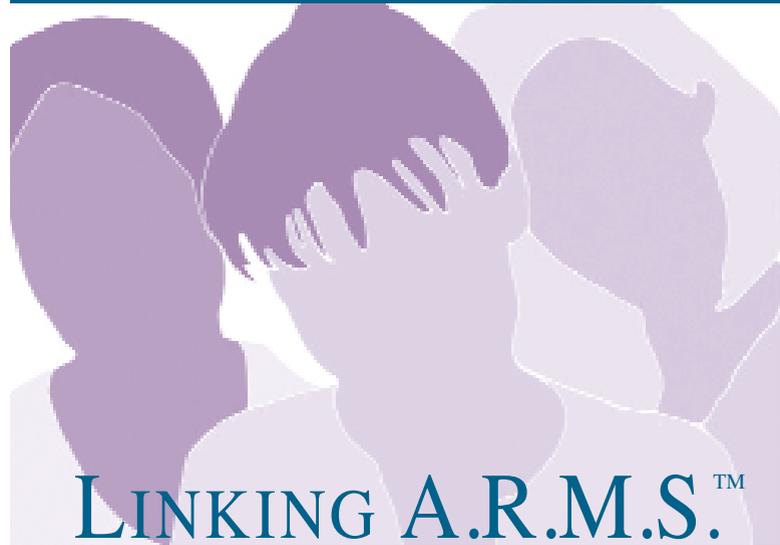
**CONNECT:** more than 70 telephone education workshops a year, bringing together people from across the country to learn about cancer-related issues from the experts

**ONLINE:** through our website, people can communicate with a social worker, join a support group, and learn about topics ranging from managing your career to talking with your family during a time of crisis

**INFORM:** educational workshops and fact sheets to help people with cancer and their loved ones face the day-to-day problems associated with the disease

**ASSIST:** help with costs associated with cancer, such as pain medication, transportation to and from treatment, homecare and childcare

More information can be found on our website, [www.cancercares.org](http://www.cancercares.org), or by calling 800-813-HOPE (4673).



## Assistance & Resources Made Simple

A program for medically  
underserved women made possible  
through a partnership between  
*CancerCare* and the Susan G. Komen  
Breast Cancer Foundation



**CANCERcare®**



The Susan G. Komen  
Breast Cancer Foundation

*Breast cancer presents immense difficulties for any woman who has been diagnosed with the disease. But for women who have low incomes or limited or no insurance, the challenges of facing breast cancer can be especially trying.*

### **What is the Linking A.R.M.S.™ Program?**

Linking A.R.M.S.™ (Assistance & Resources Made Simple) is a program dedicated to helping underserved women with breast cancer. A partnership between CancerCare and the Susan G. Komen Breast Cancer Foundation, Linking A.R.M.S.™ provides financial assistance, education and support services to low-income, under- or uninsured women across the country.

Patients can access the Linking A.R.M.S.™ program by calling the Komen Foundation's National, Toll-Free Breast Care Helpline at **1.800 I'M AWARE®** (1.800.462.9273).

### **Who Can Benefit from Linking A.R.M.S.™?**

The Linking A.R.M.S.™ program helps women of any age who have been diagnosed with breast cancer, at any stage of the disease. Financial assistance is granted to women who meet CancerCare's financial eligibility criteria. All CancerCare services, including education and counseling, are always free.

Both English and Spanish are spoken. There are no citizenship or residency requirements.

The Linking A.R.M.S.™ grant is available on a once-per-year basis.

## **What Kinds of Help Are Available?**

### **Financial Assistance**

Financial assistance grants are made for women with limited income who are in need of:

- Oral medication for cancer treatment
- Pain and anti-nausea medication
- Lymphedema support and supplies
- Durable medical equipment ordered by their physician

\*\*Financial assistance is not available for daily living expenses such as rent, utilities, food, doctor and hospital bills, diagnostic testing, non-oral cancer therapies and insurance premiums.

### **Psychosocial Support**

- Counseling and support for patients and families
- A resource-based interactive Web community
- Help in facing practical problems such as obtaining breast prostheses and wigs

### **Educational Resources**

- National telephone education workshops led by experts
- Good information to help make the right decisions for you
- Educational workshops and seminars

*To make a referral or get more information, please call the Komen Foundation's National Toll-Free Breast Care Helpline at:*

**1.800 I'M AWARE® (1.800.462.9273).**

M-F 9 a.m. - 5 p.m. CST

TDD Capability